



ZHENGHUA SECONDARY SCHOOL

91 Senja Road Singapore 677741 Tel: 6763 9455 Fax: 6763 3577
Website: <http://www.zhenghuasec.moe.edu.sg> Email: zhenghua_ss@moe.edu.sg

ZSS/LTPB1/2018/PSG/0090

09 Feb 2018

Dear Parents / Guardians,

THE ART & SCIENCE OF PARENTING IN THE DIGITAL AGE AND CHINESE NEW YEAR LO HEI

The Parent Support Group (PSG) is a network of parents who work in close partnership with the school. By joining the PSG, you will also gain support from other parents in your parenting journey. The school and the PSG would like to invite you to join us for the above workshop and Lo Hei.

The workshop will be conducted by Mr Poh Yeang Cherng. He is a pioneer of the Cyber Wellness movement in Singapore. He will be sharing methods to mediate in your child's use of technology. Parents will gain practical ideas to help teenagers self-regulate and avoid problematic use of the video games & social media.

The workshop will be followed by the PSG CNY Lo Hei. Our School Leaders will be present to answer any queries you may have about the school. This a good platform to interact with our current PSG members to find out more about the PSG activities and programmes.

The details of the session are as follows:

Date/Day Time	Venue	Program	
24 February 2018, Saturday 9.00am to 12.30pm	Zhenghua Secondary School, AVA Room (Level 2)	8.30am – 9.00am	Registration
		9.00am – 11:00am	The Art & Science of Parenting in the Digital Age
		11:00am – 11.30am	Principal's Address
		11.30am – 12.30pm	Lo Hei and Lunch <i>*Vegetarian food is available.</i>

If you are interested in attending this session, please register your interest via this link: <https://tinyurl.com/ZSSPSG1-2018> (or you may scan the QR code below to get to the link).

For further clarifications, you may wish to contact the FMS coordinator, Ms Amy at 96265256 or the PSG Coordinator, Mdm Koh at koh_khee_hoon@moe.edu.sg.

Yours sincerely,
Mdm Koh Khee Hoon
PSG Coordinator
Zhenghua Secondary School

